

Postgraduate Research

Student *in improving research culture*

Career

Be proactive in acquiring knowledge and training

Set achievable goals and communicate challenges

Monitor your progress and keep to deadlines

Teamwork

Commit to building a positive relationship with others

Be critical of research and not of people

Practice care and respect for all

Beware of misleading others or withdrawing from all communication

Wellbeing

Socialise with others and broaden your perspectives

Don't suffer in silence - reach out for help and support

Resist hard work at the expense of wellbeing

Integrity

Complete necessary training

Be honest and transparent

Follow guidelines on good research practice

Critically review your research and avoid questionable research practices

Supervisor Relationship

Avoid unreasonable expectations on supervisors

You are responsible for your own research integrity and supervisors are there to support you

Review data / materials with supervisor for quality and integrity

Be open minded and take criticisms positively

